

by.sheaaa .

Eats, experiences & city finds.

A visual diary by Shia, shared through short-form Instagram storytelling.

THE CREATOR

A little taste of the city.

Toronto-based food and lifestyle creator featuring cafés, bites, experiences and local discoveries across the GTA.

INSTAGRAM PERFORMANCE

62.3K

Content views

17.7K

Accounts reached

4.6K

Interactions

619

Total followers

Insights: Sep 5, 2026 - Oct 4, 2026 (UTC)

Followers as of Oct 5, 2026 / Updated Oct 5, 2026

COLLABORATIONS

Hosted café features, venue collaborations and collaborative Reels.

TOP REELS

Published in the 90 days before Oct 5, 2026 / Ranked by lifetime views

Reels updated Oct 5, 2026

01 Easily one of the prettiest
cafe openings in Mississau...

2.6K lifetime views / Sep 10, 2026

[WATCH REEL >](#)

02 period #reel #solodate
#toronto #travel #date

2.4K lifetime views / Sep 22, 2026

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03 found a new thai spot in
mississauga and this one...

2.1K lifetime views / Sep 30, 2026

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04 my fav snack atm is
@ohmefoods been upgradi...

2.1K lifetime views / Sep 28, 2026

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05 A little crepe date at Odoo
Cafe We tried the Pesto H...

2K lifetime views / Sep 13, 2026

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06 Such a whimsical and
dreamy cafe in Toronto I...

1.9K lifetime views / Sep 20, 2026

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Live figures: bysheaaa.netlify.app >